

# **Dental Clinical Policy**

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**Subject:** Therapeutic Parenteral Drug Administration

Guidelines #: 09-600

Status: Revised

## Description

This document addresses therapeutic parenteral drug administration.

The plan performs review of therapeutic parenteral drug administration due to contractual requirements that necessitate benefits for dental services meet specific contract requirements. For example, plan contract(s) may require the provision of benefits for services that meet generally accepted standards of dental care at the lowest cost that properly addresses the patient's condition. The conclusion that a particular service is medically or dentally necessary and/or appropriate does not constitute an indication and/or warranty that the service requested is a covered benefit payable by the dental plan.

#### **Clinical Indications**

Therapeutic parenteral drug administration (single or multiple) includes administration of antibiotics, steroids, anti-inflammatory drugs or other therapeutic medications. These medications may be indicated to improve surgical healing, reduce pain and/or infection. Therapeutic parenteral drug administration should not be used to report administration of sedative, anesthetic or reversal agents. Therapeutic parenteral drug administration should not be used to report the infiltration of a sustained release pharmacological agent for long-acting surgical site pain control.

Dental review as it applies to accepted standards of care means dental services that a dentist, exercising prudent clinical judgment, provides to a patient for the purpose of evaluating, diagnosing or treating a dental injury or disease or its symptoms, and that are: in accordance with the generally accepted standards of dental practice; in terms of type, frequency and extent and is considered effective for the patient's dental injury or disease; and is not primarily performed for the convenience of the patient or dentist, is not cosmetic and is not more costly than an alternative service.

For dental purposes, "generally accepted standards of dental practice" means:

- standards that are based on credible scientific evidence published in peer-reviewed, dental literature generally recognized by the practicing dental community
- specialty society recommendations/criteria
- the views of recognized dentists practicing in the relevant clinical area
- any other relevant factors from credible sources

#### Criteria

- 1. Parenteral administration of drugs is any technique in which the route of administration is intravenous, intramuscular, subcutaneous or intradermal.
- 2. Procedures that are considered experimental, investigational or unproven are not benefitted.
- 3. Clinical chart notes and narrative may be requested to explain the rationale for the medication.
- 4. The name and dosage of the medication administered must be submitted for benefit consideration.
- 5. Drug administration for cosmetics is not a benefitted service.

### Coding

The following codes for treatments and procedures applicable to this document are included below for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement policy. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

CDT	including but not limited to:
D9610 D9612	Therapeutic parenteral drug, single administration Therapeutic parenteral drugs, two or more administrations, different medications
D9613	Infiltration of sustained release therapeutic drug – single or multiple sites.

ICD-10 CM Diagnoses for Dental Diseases and Conditions: See the current CDT code book for details

## References

- American Association of Oral and Maxillofacial Surgeons White Paper, Opioid Prescribing: Acute and Postoperative Pain Management 2017. https://www.aaoms.org/practice-resources/aaomsadvocacy-and-position-statements/white-papers. Accessed April 29, 2019
- 2. Arora A, Roychoudhury A, Bhutia O, et al. Antibiotics in third molar extraction; are they really necessary: A non-inferiority randomized controlled trial. Natl J Maxillofac Surg. 2014 Jul-Dec; 5(2):166-71.
- 3. CDT 2024 Current Dental Terminology, American Dental Association

History								
Revision History	Version	Date	Nature of Change	SME				

Initial	06/17/2020	Initial	Committee
Revised	12/06/2020	Annual Review	Committee
Revised	10/30/2021	Annual Review	Committee
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Revised	11/11/2022	Annual Review	Committee
Revised	11/01/2023	Annual Review	Committee

Federal and State law, as well as contract language, takes precedence over Dental Clinical Policy. Dental Clinical Policy provides guidance in interpreting dental benefit application. The Plan reserves the right to modify its Dental Clinical Polices and guidelines periodically and as necessary. Dental Clinical Policy is provided for informational purposes and does not constitute medical advice. These Policies are available for general adoption by any lines of business for consistent review of the medical or dental necessity and/or appropriateness of care of dental services. To determine if a review is required, please contact the customer service number on the member's card.

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